March 14, 2020
18 Adar, 5780
Shabbat Ki Tisa/Shabbat Parah
Elodie Fleurence becomes Bat Mitzvah

It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)

--- Morning Blessings and Psalms ---

Mah Tovu
Mah tovu ohalecha, Yaakov, mishk’notecha, Yisrael!
Vaani b’rov chasd’cha avo veitecha,
estachaveh el heichal kodsh’cha b’yiratecha.
Adonai, ahavti m’on beitecha um’kom mishkan k’vodecha.
Vaani eshtachaveh v’echraah, ev’chah lifnei Adonai osi.
Vaani t’filati l’cha, Adonai, eit ratzon.
Elohim b’rov chasdecha, aneini be’emet yishecha.

How fair are your tents, O Jacob, your dwellings, O Israel! I, through Your abundant love, enter Your house; I bow down in awe at Your holy temple. Adonai, I love Your temple abode, the dwelling-place of Your glory. I will humbly bow down low before Adonai, my Maker. As for me, may my prayer come to you, Adonai, at a favorable time. O God, in Your abundant faithfulness, answer me with Your sure deliverance.

Asher Yatzar: Beautiful and Broken
Music and English lyrics by Dan Nichols

I thank You for my life, body and soul
Help me realize I am beautiful and whole
I’m perfect the way I am, and a little broken too
I will live each day as a gift I give to You.

Oh…

Baruch Atah Adonai, rofeih chol basar umafli laasot.
Blessed are you, Adonai, who heals all flesh, working wondrously.

Nisim B’chol Yom (Daily Miracles)

Baruch Atah Adonai, Eloheinu, Melech ha’olam, asher natan lasechi vinah l’havchin bein yom uvein lailah.
Blessed are You, Adonai our God, Sovereign of the universe, who has given the mind the ability to distinguish day from night.

Baruch Atah Adonai, Eloheinu, Melech ha’olam, pokeiach ivrim.
Blessed are You, Adonai our God, Sovereign of the universe, who opens the eyes of the blind.
Baruch Atah Adonai, Eloheinu, Melech ha’olam, matir asurim.

*Blessed are You, Adonai our God, Sovereign of the universe, who frees the captive.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, zokeif k’fufim.

*Blessed are You, Adonai our God, Sovereign of the universe, who lifts up the fallen.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, roka ha’aretz al hamayim.

*Blessed are You, Adonai our God, Sovereign of the universe, who stretches the earth over the waters.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, hameichin mitzadei gaver.

*Blessed are You, Adonai our God, Sovereign of the universe, who strengthens our steps.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, malbish arumim.

*Blessed are You, Adonai our God, Sovereign of the universe, who clothes the naked.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, hanotein laya’ef koach.

*Blessed are You, Adonai our God, Sovereign of the universe, who gives strength to the weary.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, hamaavir sheinah mei’einai, ut’numah mei’afapai.

*Blessed are You, Adonai our God, Sovereign of the universe, who removes sleep from the eyes, slumber from the eyelids.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, she’asani b’tzelem Elohim.

*Blessed are You, Adonai our God, Sovereign of the universe, who has made me in the image of God.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, she’asani ben/bat chorin.

*Blessed are You, Adonai our God, Sovereign of the universe, who has made me free.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, she’asani Yisrael.

*Blessed are You, Adonai our God, Sovereign of the universe, who has made me a Jew.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, ozeir Yisrael bigvurah.

*Blessed are You, Adonai our God, Sovereign of the universe, who girds Israel with strength.*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, oteir Yisrael b’tifarah.

*Blessed are You, Adonai our God, Sovereign of the universe, who crowns Israel with splendor.*

*For the study of Torah*

Baruch Atah Adonai, Eloheinu, Melech ha’olam, asher kidshamu b’mitzvotav v’tzivanu la’asok b’divrei Torah.

*Blessed are You, Adonai our God, Sovereign of the universe, who hallows us with mitzvot, commanding us to engage with the words of Torah.*
Psalm 150
Halleluyah!
Praise God in God’s sanctuary; praise God in the sky, God’s stronghold. Praise God for mighty acts; praise God for God’s exceeding greatness. Praise God with blasts of the horn; praise God with harp and lyre. Praise God with timbrel and dance; praise God with lute and pipe. Praise God with resounding cymbals; praise God with loud-clashing cymbals. Let all that breathes praise God. Halleluyah!

--- Sh’má and its Blessings ---

Bar’chu
Bar’chu et Adonai ham’vorach!
Praise Adonai to whom praise is due!

Baruch Adonai ham’vorach l’olam va’ed!
Praise Adonai to whom praise is due, now and forever!

Sh’má Yisrael, Adonai Eloheinu, Adonai Echad!
Hear, O Israel, Adonai is our God, Adonai is One!

Baruch shem k’vod malchuto l’olam va’ed.
Blessed is God’s glorious majesty forever and ever.


You shall love Adonai your God with all your heart, with all your soul, and with all your might. Take to heart these instructions with which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sing on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.


Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.
--- Amidah ---

GOD OF OUR ANCESTORS

Baruch atah Adonai Eloheinu v'Elohei avoteinu v'imoteinu, elohei Avraham, elohei Yitzchak, elohei Ya'akov, elohei Sarah, elohei Rivkah, elohei Leah, v'elohi Rachel. Ha'el hagadol hagibor v'honora Eil elyon, gomei chasadim tovim v'konoh hakol v'zocher chai avot v'imahot, umeivi g'ulah livnei veneihem lema'an shemo b'ahavah.

Melekh ozeir u-moshia umagen. Baruch Atah Adonai, magein Avraham v'ezrat Sarah.


GOD OF MIGHT

Atah gibor l'olam Adonai, mechayeh ha-kol (meitim) atah rav l'hoshia.

Masheiv ha-ruach u-morid hagashem.

Mechalkel chayyim b'chesed, m'chayeh ha-kol (meitim) b'rachamim rabim, somech noflim, v'rofeh cholim, umatmir asurim, um'kayem emunato lishenei afar. Mi chamocha ba'al gevurot? U-mi domeh lach? Melech meimit u'm'chayeh, umatzmiach yeshuah.

V'ne'eman atah le'ha-chayot ha-kol (meitim). Baruch atah Adonai, mechayeh ha-kol (hameitim).

You are forever mighty, Adonai; You give life to all (revive the dead). You cause the wind to shift and rain to fall. You sustain life through love, giving life to all (reviving the dead) through great compassion, supporting the fallen, healing the sick, freeing faith with those who sleep in the dust.

Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all (reviving that which is dead)?

Blessed are You, Adonai, who gives life to all (revives the dead).

GOD'S HOLINESS

Nekadesh et shimcha ba'olam keshem shemakedishim oto bishmei marom. Kakatu v'ay nevi'ech ve'ekara zeh el zeh ve'am: Kadosh kadosh kadosh Adonai tzeva'ot! Melo chol ha'aretz k'vodo!

Adir adireinu, Adonai adoneinu, mah adir shimcha bechol ha'aretz. Baruch kevod Adonai mimmkomo!

Echad hu Eloheinu, hu avinu, hu malkeinu, hu moshi'einu ve'hu yashmi'einu berachamav l'einei kol chai. Ani Adonai Eloheichem. Yimloch Adonai le'olam Elohayich Tziyon ledor vador. Haleluyah!
Let us sanctify Your Name on earth, as it is sanctified in the heavens above. As it is written by Your prophet. Holy, holy, holy is Adonai T’zvaot! God’s presence fills the whole earth. Source of strength, Sovereign One, how majestic is Your presence in all the earth! Blessed is the presence of God, shining fourth from where God dwells. God alone is our God and our Creator, our Ruler and our Helper; and in mercy, God is revealed in the sight of all the living: I am Adonai your God! Adonai shall reign forever, your God, O Zion, from generation to generation, Halleluyah!

To all generations we will declare Your greatness, and for all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips. Blessed are You, Adonai, the Holy God.

THE HOLINESS OF SHABBAT

Yism‘echu v’malchut’cha shomrei Shabbat v’korei oneg. Am m'kad'shei sh'vi'i, kulam yis'b'u v'yitangu mituvecha. V'hashvi-i ratzita bo v'kidashhto, chemdat yamim oto karata, zeicher I'maaseih v'reishit.

Those who keep Shabbat by calling it a delight will rejoice in Your realm. The people that hallows Shabbat will delight in Your goodness. For, being pleased with the Seventh Day, You hallowed it as the most precious of days, drawing our attention to the work of Creation.

V’shamru v’nei Yisra'el et HaShabbat, la'asot et HaShabbat

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

Eloheinu v’Elohei avoteinu v'imoteinu, r'tzei vim'nuchateinu. Kad'sheinu b'mitzvoteka v'tein chelkeinu b'Toratecha, sabenu mituvecha, v'sam'cheinu bishuatecha, v'ataheir libeinei l'ovd'cha b'emet, v'hanchileinu Adonai Eloheinu, b'ahavah u't'ratzon Shabbat kodshecha v'yanchu vah Yisra'el, m'kad'shei sh'meche.

Baruch atah, Adonai, m'kadeish HaShabbat.

Our God and God of our ancestors, be pleased with our rest. Sanctify us with Your mizvot, and grant us a share in Your Torah. Satisfy us with Your goodness and gladden us with Your salvation. Purify our hearts to serve You in truth. In Your gracious love, Adonai our God, grant us Your holy Shabbat as a heritage. May Israel who sanctifies Your Name rest on Shabbat.

Blessed are You, Adonai, who sanctifies Shabbat.

AVODAH

R’tzei Adonai Eloheinu, b'amche Yisra'el, ut'filatam b'ahavah t'kabeil, ut'hi l'ratzon tamid avodat Yisra'el ameche.

El karov l'chol korav, p'nei el avadecha v'choneinu, sh'foch ruchacha aleinu.

V'techzenah eineneinu b'shuv'cha l'Tzion b'rachamim.

Baruch atah, Adonai, hamachazir Shechinato l'Tzion.

Find favor, Adonai, our God, with Your people Israel and accept their prayer in love.
May the worship of Your people Israel always be acceptable. God who is near to all who call, turn lovingly to Your servants. Pour out Your spirit upon us. Let our eyes behold Your loving return to Zion. Blessed are You, Adonai, whose Presence returns to Zion.

HODAHH


V'al kulam yitbarach v'yitromam shimcha, Malkeinu, tamid l'olam va-ed. V'chol hachayim yoducha selah, v'yi'yailu et shimcha be-emet, Ha-El y'shuateinu v'ezrateinu selah.


Sim Shalom tovah uv'rachah, chein vachesed v'rachamim, aleinu v'al kol Yisrael amecha. Bar'cheinu, yotzeinu, kulanu kechad b'or panecha, ki v'or panecha natata lanu, Adonai Eloheinu, Torat chayim v'ahavat chesed, utzdakah uv'rachah v'rachamim v'chayim v'shalom. V'tov b'einecha lvareich et amcha Yisrael b'chol eit uv'rachah shaah bishloamecha.

Baruch atah, Adonai, hatov shimcha u'chah v'rachamim, aleinu v'al kol Yisrael bashalom.

Grant peace, goodness and blessing, grace, kindness and mercy, to us and to all Your people Israel. Bless us, our Creator, all of us together, through the light of Your Presence. Truly through the light of Your Presence, Adonai our God, You gave us a Torah of life - the love of kindness, justice and blessing, mercy, life, and peace. May You see fit to bless Your people Israel at all times, at every hour, with Your peace. Praised are You, Adonai, who blesses Your people Israel with peace.


May the One who brings us peace bring this peace before us unto all of Israel, unto all the nations. Amen.
--- Seder Kriat HaTorah: Reading of the Torah ---

**Elodie Fleurence becomes Bat Mitzvah**

*Torah passed down by her parents, Rachael and Olivier Fleurence*

*Additional Aliyot from her community, Temple Micah; her brother, Benjamin Fleurence; and Debra Winter.*

Sh’ma Yisrael, Adonai Eloheinu, Adonai Echad!

*Hear, O Israel, Adonai is our God, Adonai is One!*

Our God is one, Adonai is great, holy is God’s name.

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Reader: Bar’chu et Adonai ham’vorach.

Congregation: Baruch Adonai ham’vorach l’olam va’ed.

*Bless Adonai who is blessed. Blessed is Adonai who is blessed now and forever.*

Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth, implanting within us eternal life. Blessed are You, Adonai, who gives the Torah.

Torah read by our Bat Mitzvah, Elodie Fleurence

**Exodus 31:18 – 32:18**

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Hagbah: Lifting of the Torah

V’zot haTorah asher sam Moshe lifnei b’nei Yisrael al pi Adonai b’yad Moshe.

Etz Chaim: Tree of Life

Heal Us Now

Music and English lyrics by Cantor Leon Sher

R'faeinu Adonai v'nirafei, hosheinu v'nivasheia
Eil karov l'chol korav, ach karov lir'evav, yish'o

We pray for healing of the body, we pray for healing of the soul,
For strength of flesh and mind and spirit, we pray to once again be whole...

Eil Na, r'fa na; O please heal us now
R'fuat hanefesh, r'fuat haguf, r'fuah sh'leimah
Heal us now

Hoshia et amecha, uvarech et nachalatecha,
ureim v'naseim ad ha'olam
Mi shebeirach avoteinu, mi shebeirach imoteinu,
Ana, Adonai, hoshia na

We pray for healing of our people, we pray for healing of the land,
And peace for every race and nation, every child, every woman, every man...

R’fuah Sh’leimah


Blessing before the Haftarah

Baruch Atah, Adonai Eloheinu, Melech haolam, asher
bacher bini-im tovim, v'ratzah v'divreihem hane-emarim
be-emet. Baruch atah, Adonai, habocher baTorah u'veMoshe
avdo, u'veYisrael amo, uvinvi-ei ha-emet vatzedek.

Blessing after the Haftarah

Baruch atah, Adonai Eloheinu, Melech haolam, tzur kol
haolamim, tzaddik b' chol hadorot, HaEl hane-eman, haomeir
v' oseh, ham'dabeir um'kayeyim, shekol d'varav emet
vatzedek. Al haTorah, v'al haavodah, v'al han'vi-im, v'al yom
HaShabbat hazeh, shenata lanu Adonai Eloheinu, likdushah
v'imnuchah, l'chavod u'tifaret. Al hakol Adonai Eloheinu,
anachnu modim lach, um'var'chim otach, yitbarach shimcha
b'fi chol chai tamid l'olam va-ed.
Baruch atah, Adonai, m'kadeish HaShabbat.

Siman Tov u'Mazal Tov!

Siman tov u'mazal tov, u'mazal tov v'siman tov!
Y'hei lanu ul'chol Yisrael!
Yisrael. V
Yadamiran b
Yitba
uvizman kariv
uv
BYitgadal v
Kaddish Yatom

Ann	Schooler, Lillian	Seiger, Harvey	Simon,
Manuel	Doris	Korey, Audrey	Liberstein, Karen	Linett,
Goldberg, Daniel	Gordon, Sara	Ominsky	Gould,
Howard	Paul	Greenwald, Samuel	Iker,
Samuel	Iker,
Abe	Kobrin,
Lilyan	Barchoff, Ester	Bialek

Betsy	Sterman, grandmother	of	David	Sterman;
Freddie	Traum, father of	Yael	Traum

Carl	Messinger,
grandfather of	Eric	Albert;
Gerald	Liebenau,
father	of	Betsi	Closter,
and	Janet	and	Jonathan	Liebenau;
Bob	Friedman,
husband	of	Learita	Garfield	Scott

Service at Home and Overseas

Army Pfc. Walter Lewark, Marine Corps Captain Moises E. Navas,
Marine Corps Gunnery Sergeant Diego D. Pongo

We Remember Fallen Servicemembers at Home and Overseas

We Remember Those Lost to Violence in Washington, DC

Shirley Ingersoll, mother of Lyn Ingersoll

Shlomshim

Bob Friedman, husband of Learita Garfield Scott;
Gerald Liebenau, father of Betsi Closter, Arlene Reiniger, and Janet and Jonathan Liebenau;
Carl Messinger, grandfather of Eric Albert; Debbie Rosen McKerrow, sister of Bobbie Wendel;
Betsy Sterman, grandmother of David Sterman; Freddie Traum, father of Yael Traum

Yahrzeit

Lilyan Barchoff, Ester Bialek, Erica Brink, Rose Closter, Joyce Coplan, Howard Garlick, Ruth Goldberg, Daniel Gordon, Sara Ominsky Gould, Howard Paul Greenwald, Samuel Iker, Abe Kobrin,
Samuel	Roth, Rosalind	Salzman, Betty	Ann	Schelper, Lillian	Seiger, Harvey	Simon, Lionel	Stanfield, Ida	Trace, Ruth	Warshof

Kaddish Yatom

Yitgadal v’yitkadash sh’mei raba.
B’alma di v’ra chirutei, v’yamlich malchuteih, b’chayeichon
uv’yomeichon uv’chayeim d’chol beit Yisrael, ba’agala

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.
Yitbarach v’yishtabach v’yitpaar v’yitromam v’yitnasei,
v’yit’hadar v’yitaleh v’yit’halal sh’mei d’kud’sha b’rich Hu.
L’eila min kol birchata v’shirata, tush’chata v’nechemata,
daamiran b’alma. V’imru: Amen.

Y’hei sh’lama raba min sh’maya, v’chayim aleinu v’al kol

Osheh shalom bimromav, Hu yaaseh shalom aleinu, v’al kol
Yisrael, v’imru: Amen.

Shabbat Shalom!